



Office of
Mental Health

THE JOY OF

Disruption:

**MOVING FROM
AWARENESS TO INCLUSIVE
ACTION**

FREE IN-PERSON ANTI-OPPRESSION TRAINING

Click the date below to register online by August 15, 2025

Dates:

August 20th 12:30pm-3:30pm

August 21st 9:30am-12:30pm



August 20:

Location: CCSI Rochester

Address: 1099 Jay Street

Building J, Rochester, NY 14611

August 21:

Location: BestSelf Buffalo

Address: 899 Main Street

Buffalo, NY 14203