



# ASIST

*Applied Suicide Intervention Skills Training*



Office of  
Mental Health



ASIST is a two-day intensive, interactive and practice-dominated course designed to help caregivers recognize and review risk and intervene to prevent the immediate risk of suicide. It is by far the most widely used, acclaimed, and researched suicide intervention training workshop in the world. ASIST prepares caregivers of all kinds to provide suicide first aid interventions.

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**Workshop Dates:** November 19 & 20, 2025

**Times:** 8:30 am to 4:30 pm both days

**Location:** Monroe County Office of Mental Health, 1099 Jay Street Bldg. J-3rd Floor, Rochester, NY, 14611

**Cost:** There is no fee for this training, but you must preregister

**Registration can be completed using this link:** [Here](#)

After clicking above link-scroll down and select "Monroe" from location filter.

**Space is limited, please register by:** November 5<sup>th</sup>, 2025

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- **15 contact hours are available for Social Worker and instructions on how to proceed**
- Suicide Prevention Center of New York (SPCNY), SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0384.
- The Suicide Prevention Center of New York (SPCNY) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0090.

### **Important Workshop Details – Please Read:**

- This is a two-day workshop. Workshop instruction starts at 8:30am and finishes by 4:30pm both days. Please ensure that you can attend both days for the entire time.
- In this workshop you will have an opportunity to explore your experiences with and your attitudes about suicide. You will also have an opportunity to better understand the needs of a person at risk of suicide and learn how to use suicide first-aid to meet those needs. If these activities concern you, please talk to one of your trainers.
- This workshop is restricted to persons over 18 years of age and requires a minimum of 8 registrants, maximum of 30 participants.

***SPCNY is pleased to be able to make this evidence-based workshop available to the individual or agency without passing the actual cost along to either. As such we ask that you only register if you are confident, you will be able to attend both days of the workshop.***

**This workshop is made possible by The New York State Office of Mental Health's Suicide Prevention Center of New York and...**