



Trauma-Responsive, Equity Focused Crisis Response for Community Based Organizations

IN TIMES OF GREATEST CRISIS, OUR BIGGEST ASSET IS COMMUNITY SUPPORT AND COHESION, yet the challenges including the impacts of COVID 19, ongoing exposure to toxic stress, trauma and secondary traumatic stress, and for People of Color (both staff and those seeking services), the additional burden of toxic stress associated with racialized trauma, structural racism, and inequalities leading to disparate outcomes, can lead to feelings of isolation, and being overwhelmed.

A SUPPORTIVE TEAM CULTURE can create a safe haven that provides space for each team member to share their thoughts, reactions, and experiences of the past two years. We will offer activities that strengthen the team cohesiveness while focusing on safety, respect, genuineness, and camaraderie.

Coordinated Care Services, Inc. (CCSI) with support from the Greater Rochester Health Foundation will be offering weekly, virtual Crisis Response Office Hours for CBO Leaders/Management and Onsite Crisis Response Group Sessions for Direct Service and Administrative Staff.

WHAT TO EXPECT...

- **Safe, Facilitated Conversation for Direct Service and Administrative Support Staff...**
...Come together with Your Team to share, learn, and support one another.
- **Weekly Virtual Sessions for Leaders/Management...**
*... come when you are available, you are welcome to attend multiple sessions, no ongoing commitment required! **The time is available to use as you need.***
- **A Supportive Team Culture...**
...realize that you are not in it alone, that we can help one another at the same time we are helping those our organization serves.

WHAT YOU CAN DO...

- **SIGN-UP FOR A SESSION!**
- **SHARE WITH YOUR COLLEAGUES AND TEAMS...**
...Encourage others to support their own coping and wellness by participating

COMMUNITY RESOURCE HUB...

...includes curated materials that support crisis response for staff and those receiving CBO services
<https://ccsi-community.com>

For more Information contact: Kathy King at kking@ccsi.org

Below is the schedule for **Crisis Response Office Hours** (Virtual Facilitated Group Sessions) for **CBO Leaders/Management** to come together and problem solve specific challenges, receive support, and learn from each other. To sign-up for one of the group sessions click on registration link below. *Note: You are welcome to attend multiple sessions. There will be a limit of 15 participants for each session. If a session is full, please feel free to select other date(s) you would like to attend.*

	Date	Time	Registration Link
Week 1	Tu, March 1, 2022	11:00AM -12:00PM	REGISTER FOR THIS SESSION
Week 2	Wed., March 9, 2022	3:30PM – 4:30PM	REGISTER FOR THIS SESSION
Week 3	Tu, March 15, 2022	2:00PM – 3:00PM	REGISTER FOR THIS SESSION
Week 4	Wed., March 23, 2022	10:00AM – 11:00AM	REGISTER FOR THIS SESSION
Week 5	Wed., March 30, 2022	2:00PM – 3:00PM	REGISTER FOR THIS SESSION
Week 6	Wed., April 6, 2022	11:30AM – 12:30PM	REGISTER FOR THIS SESSION
Week 7	Tu, April 12, 2022	11:00AM – 12:00PM	REGISTER FOR THIS SESSION
Week 8	Fri., April 22, 2022	12:30PM – 1:30PM	REGISTER FOR THIS SESSION

Onsite Crisis Response Group Sessions for Direct Service and Administrative Support Staff

CCSI staff will come to your organization and meet with Your Team in person. The group sessions will be 60-minutes and for up to 15 staff who would be interested in participating. Sessions will be facilitated by CCSI staff experienced in helping to implement trauma-responsive, equity focused practices in community-based settings and will be customized for each CBO, focusing on the priorities identified by Your Team.

Below are date and time slots that are available, and they will be filled on a first come basis. If you are interested in scheduling an **Onsite Crisis Response Group Session** for your team, click on the “Sign-Up” link next to the date and time to submit your request form. On the form you will be able to identify your team members and your priorities for the meeting. We will send a separate email to confirm the date and time of your session.

Date	Time	Request Form
Tu, 3/1/22	9:00 – 10:00AM	Sign-Up
Tu, 3/1/22	2:00 – 3:00PM	Sign-Up
Tu, 3/8/22	3:30 – 4:30PM	Sign-Up
W, 3/9/22	9:30 – 10:30AM	Sign-Up
Tu, 3/15/22	9:00 – 10:00AM	Sign-Up
F, 3/18/22	9:00 – 10:00AM	Sign-Up
Tu, 3/22/22	2:30 – 3:30PM	Sign-Up
W, 3/23/22	1:00 – 2:00PM	Sign-Up

Date	Time	Request Form
W, 3/30/22	9:30 – 10:30AM	Sign-Up
F, 4/1/22	9:00 – 10:00AM	Sign-Up
Tu, 4/5/22	9:00 – 10:00AM	Sign-Up
Tu, 4/5/22	2:00 – 3:00PM	Sign-Up
Tu, 4/12/22	1:00 – 2:00PM	Sign-Up
Tu, 4/12/22	3:00 – 4:00PM	Sign-Up
Tu, 4/19/22	2:30 – 3:30PM	Sign-Up
W, 4/20/22	1:00 – 2:00PM	Sign-Up

