

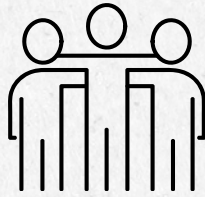
Youth Anxiety Center

Nazareth University

Our services



Individual
therapy



Group
Therapy



Psychoeducation

About:

- Using evidence-based therapeutic methods, the Youth Anxiety Center offers both individual counseling and group counseling to help improve the wellbeing of adolescents, ages 11-17, experiencing anxiety.
- The Youth Anxiety Center also includes psychoeducation for youth and their caregivers.
- Services will be provided by graduate clinicians who are supervised by a NYS Licensed Clinical Social Worker, Meena Lall.
- Youth who are experiencing challenges related to anxiety are a good fit for this program.

Hours:

**Mondays
from 12pm-
7pm**

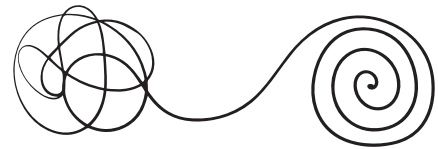
For more information please contact: ikimber7@naz.edu or call 585-389-2840

 <https://www2.naz.edu/york-wellness-rehabilitation-institute/clinic-care/youth-anxiety-clinic/>

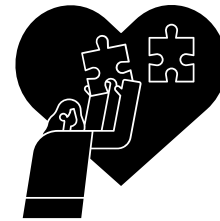
ANXIETY CENTER

YOUTH ANXIETY CENTER NAZARETH UNIVERSITY

Looking for youth ages 11-17 who are experiencing challenges related to anxiety.



Offering individual and group therapy which includes talk therapy as well as psychoeducation for youth and their caregivers.



Please Note: Services will be provided by four well trained MSW Field Interns who are supervised by a NYS Licensed Clinical Social Worker, Meena Lall.

Hours: Mondays from 12pm-7pm



For more information please contact:
ikimber7@naz.edu or call (585) 389-2840